



WELLINGTON PHOENIX FOOTBALL CLUB POSITION DESCRIPTION

Job Title: Youth Female Academy Physical Performance Scientist

Location: Lower Hutt, Wellington

Reports To: Head of Female Academy Physical Performance Scientist

Direct Reports: Nil

Job Type: Part Time (.7 FTE)

Job Summary

The Wellington Phoenix's purpose is to develop the finest talent in New Zealand and create a new standard of football club on the world stage, representing our diverse city, people, and fans. We action this by; changing how the women's game is seen, constantly competing in A-League finals, developing unbelievable home-grown talent on and off the pitch, connecting with our fans and wider football community, and creating memorable experiences. As guardians of the football club, we are bold, put our people first and driven to succeed in actioning our purpose.

The Youth Female Academy Physical Performance Scientist will lead the implementation of the club's physical performance philosophy with the Women's U18 and U16 Academy Teams. This role is critical in enhancing the physical performance of female athletes through data-driven insights, research, and innovative training methodologies, while also working within a multi-disciplinary team to maximising the development and potential of academy players. The ideal candidate will have a strong background in sports science, excellent leadership skills, and a passion for female athlete development.

Key Responsibilities

- **Leadership and Strategy:**
 - Oversee the physical performance strategy for the U18 and U16 female players in the academy.
 - Work alongside a team of performance scientists and support staff, fostering a collaborative and innovative environment.
- **Performance Analysis:**
 - Conduct comprehensive assessments of athletes' physical performance, including strength, conditioning, wellness, and injury prevention.
 - Utilise technology and data analytics to monitor and evaluate athlete progress and training loads through the club's athlete monitoring platform (Kitman Labs).
- **Research and Development:**
 - Stay updated on the latest research in sports science and integrate relevant findings into training programs.
 - Collaborate with other staff to enhance the academy's knowledge base.
- **Program Design:**
 - Following the club's physical performance philosophy, design and implement individualized training programs tailored to the needs of female athletes in the U18 and U16 teams.

- Ensure that training programs align with the overall goals of the club's physical performance philosophy and support athlete well-being.
- **Education and Mentorship:**
 - Provide education and mentorship to the female athletes on best practices in physical performance.
 - Lead workshops and seminars with the female athletes to promote knowledge sharing and continuous learning.
- **Collaboration:**
 - Work closely with coaching staff, sports medicine teams, and other stakeholders to ensure a holistic approach to athlete development.
 - Contribute to the integration of performance science across all academy programs.
- **Women's U18 & U16 Teams:**
 - Act as the 'team' Physical Performance Scientist for the Women's U18 and U16 Teams, attending training sessions and games of the team.

Qualifications

- **Education:**
 - Bachelor's degree or higher in Exercise Science, Sports Science, or a related field.
- **Experience:**
 - Experience in sports performance science, preferably within a female academy or talent development environment.
 - Experience in developing and implementing performance programs for youth female athletes.
- **Skills:**
 - Strong analytical skills and proficiency in performance analysis software.
 - Excellent communication and leadership abilities.
 - Ability to work collaboratively in a multi-disciplinary team.
- **Role Requirements:**
 - First aid certificate.
 - Full drivers' licence.
 - Ability to work Monday to Sunday (subject to the schedule of the academy training and match week).
- **Desirable:**
 - ASCA Level 1.
 - Knowledge and understanding of international footballs sports science best practices.
 - Knowledge of New Zealand Football and the Federation player development pathway.

Personal Attributes

- Passionate about athlete development and physical performance.
- Strong organizational skills and attention to detail.
- Innovative thinker with a commitment to continuous improvement.

Agreed By:

Incumbent:

Date:

Head of Female Academy Physical Performance Scientist

Date: